

एपेक्स इंस्टीट्यूट ऑफ आयुर्वेदिक मेडिसीन एवं हॉस्पिटल

एपेक्स वेलकेयर ट्रस्ट द्वारा संचालित मन्दी स्पेशियलिटी हेल्थ केयर, आयुर्वेदिक रिसर्व संस्थान

एन. एच. 7, वाराणसी- मीरजापुर रोड, समसपुर, हवेली, चुनार, जि. मीरजापुर फो.: 9628214214, 9415626497 ईमेल: aims.mzp@gmail.com

Date: 02-11-2021

To,

The Chairman NCISM New Delhi

Sub: Report regarding Activity of Azadi Ka Amrit Mahotsav on dated 02 November, 2021 on the occasion of Ayurveda Day.

Respected Sir,

On the Occasion of Ayurveda day we celebrate Ayurveda day make dhanwantari pooja & as per your direction (Letter No. - D.O. No. - 20-4/2021-NCISM), On the occasion of Ayurveda Day we organized activity of Bala Swasthya Jagrookta Karyakram at Prathamik Vidyalya Sonaur, Rajgarh, Mirzapur, with co-operation with Principal Mr. Prakash Singh. In this activity Prof. A. K. Sonker, H.O.D. Kriya Sharir, Dr. Vineeta Singh Department from Swasthavritta, Dr. ankit Jain Department from Samhita & Siddhant, Dr. Sunil Kumar Singh Department from Roga Nidana, are share their View and make awareness about children Health and hygiene "Bala Swasthya Jagrookta Karyakram". Our Chief Guest Prof. A. K. Sonker, H.O.D. Kriya sharir, share their view and tell them how to maintain the Health with ayurvedic regimen like ritucharya & Dincharya to Children. In this program 69 Students and 04 Teachers and Staff are benefited.

Copy to:

1. Secretory NCISM, New Delhi

2. Secretory Ayush Ministry, new Delhi

3. Dr. Vijay Rai , Nodal officer Azadai ka Amrit Mahotsav, U.P.



Dhanwantari Pooja on – Ayurveda day – 02 November, 2021

















Bala Swasthya Rakshan Program in Sonaur, Rajgar, Mirzapur – Primary School









Awareness about Health and to maintain Hygine by Prof. Sunil Mistry

